**LESSON PLAN (2025 - 26)**

Dr. Muniram, Assistant Professor of Psychology (GCW Madlauda)

Class: B.A 1st Sem

Name of the Paper: Introduction to Psychology (Major)

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| Time Period | Topics |
| 1st week  | Introduce to syllabus; Unit 1Topic: Definitions, Historical origins of Psychology |
| 2nd week  | Topic: Methods in Psychology: Experimental, Observation and interview  |
| 3rd week  |  Topic continuous Methods in Psychology: Questionnaire, case study. Problems of Unit1 and revision |
| 4th week |  Unit 2: Personality: nature, Personality Major approaches: Type and Trait approach |
| 5th week  |  Topic continuous Personality Major approaches: Psychodynamic, Behavioral  |
| 6th week | Topic continuous Personality Major approaches: Humanistic. Problems of Unit 2 and revision and Test |
| 7th week | Unit 3 Topic: Topic: Motivation: nature, Motivation: biological and psychological motives |
| 8th week  |  Topic: Frustration and Conflict, Topic: Emotion: nature, bodily changes |
| 9th week  |  Theories of emotions: James- Lange, Cannon- Bard |
| 10th week  |  Topic continuous: Theories of emotions: Schachter - Singer. Problems of unit 3 and revision |
| 11th week  |  Unit 4: Topic Intelligence: nature, Theories: Guilford |
| 12th week  |  Topic continuous Topic continuous Intelligence Theories: Gardener |
| 13th week  |  Topic continuous Topic continuous Intelligence Theories: Sternberg. problems of unit 4 and revision and test |
| 14th week  |  Revision of Unit 1 and 2 |
| 15th week  | Revision of Unit 3 and 4 |
| 16th week  | Problems of students and Revision |

**LESSON PLAN (2025 - 26)**

Dr. Muniram, Assistant Professor of Psychology (GCW Madlauda)

Class: B.A. 3rd Sem

Name of the Paper: Developmental psychology (Major)

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| Time Period | Topics |
| 1st week  |  Introduce to syllabus: unit 1 Topic 1.1: nature, scope and importance of Developmental Psychology |
| 2nd week  |  Topic 1.2: Principles of Growth and Development |
| 3rd week  | Topic1.3: Methods of studying Development: Cross-sectional, Longitudinal and Sequential |
| 4th week  | Topic 1.4: Heredity and Environment: influence on Development. |
| 5th week  |  Unit 2 Physical and Cognitive Development Topic 2.1: Prenatal Development and Hazards |
| 6th week  |  Topic 2.2: Infancy and Childhood Development: Physical and Motor Development |
| 7th week  |  Topic 2.3: Piaget’s Cognitive Developmental Theory |
| 8th week  | Topic 2.4: Information Processing Approaches to Cognitive Development. Problems of unit 2 and revision and Test |
| 9th week  |  Unit 3 Social and Emotional Development Topic 3.1: Erikson’s Psychosocial Theory |
| 10th week  |  Topic 3.2: Attachment: Types and Theories (Bowlby & Ainsworth) |
| 11th week  | Topic 3.3: Emotional Development during infancy and Childhood |
| 12th week  | Topic 3.4: influence of Parenting Styles and family Dynamics. Problems of Unit 3 and Revision |
| 13th week | Unit 4 Adolescence and Beyond Topic 4.1: Physical and Psychological Changes in Adolescence |
| 14th week | Topic 4.2: Identity Formation and Peer influence. Topic 4.3: Development in Early and Middle Adulthood  |
| 15th week | Topic 4.4: Aging and Cognitive Decline in Late Adulthood. Revision of Unit 4 and Test |
| 16th week  | Revision of syllabus |
| **LESSON PLAN (2025 – 26)**Dr. Muniram, Assistant Professor of Psychology (GCW Madlauda) Class: B.A5th SemName of the Paper: Psychopathology (Major)

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| Time Period | Topics |
| 1st week  | Introduce to syllabus. Unit 1 concept of normality and abnormality  |
| 2nd week  | Methods of Psychopathology: Biological, psychodynamic, Behavioral and cognitive...Problems of Unit 1 and revision |
| 3rd week  | Unit 2 Topic: Classification of psychopathology: need for classification, DSM 5 |
| 4th week  |  Topic Diagnostic assessment: Case history, Interview Psychological tests. Problems of unit 2 and revision |
| 5th week  |  Unit 3 Topic: Anxiety Based disorders: GAD, OCD and Phobic based disorders: symptoms and Causes |
|  6th week  | Topic: substance/drug abuse: causes consequence  |
| 7th week  | Topic: Rehabilitation, Problems of Unit 3 and revision |
| 8th week  | Unit 4 Topic: Mood disorder s: unipolar and bipolar: symptoms and causes |
| 9th week  | Topic: schizophrenia: nature, types and causes. Problems of unit 4 and revision |
| 10th week  | Revision of Unit 1 |
| 11th week  | Revision of Unit 2 |
| 12th week  | Revision of Unit 3 |
| 13th week  | Revision of Unit 4 |
| 14th week | Discussion and problem of students’ unit 1 and 2 |
| 15th week | Discussion and problem of student’s unit 3 and 4 |
| 16th week  | Full syllabus revision |

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